

Publications Related to Nursing Education

PEER REVIEWED

Freed, P.E., Frost, E. & Simmons, K. (2021) Crucial conversations: virtual instruction, sensitive topics and safety in groups. *Nurse Educator*, 46(6), E143-144.

Koetting, C. & Freed, P.E. (2016). Educating Undergraduate Psychiatric Mental Health Nursing Students in Screening, Brief Intervention, Referral to Treatment (SBIRT) Using an Online, Interactive Simulation. *Archives in Psychiatric Nursing*, 31(3). DOI: <http://dx.doi.org/10.1016/j.apnu.2016.11.004>

Freed, P.E., Bertram, J.E., McLaughlin, D.E. (2013). *Using lecture capture: A qualitative study of nursing faculty's experience. Nursing Education Today*, 34(4), 598-602.

Freed, P.E. & McLaughlin, D.E. (2013). Promoting cultures of thinking: Transforming nursing education to transform nursing practice. *Creative Nursing*, 19(4), 174-8.

Freed, P.E., & McLaughlin, D.E. (2011). Futures thinking: Preparing nurses to think for tomorrow. *Nursing Education Perspectives*. 32(3), 173-179.

Freed, P.E., McLaughlin, D.E., SmithBattle, L., Leander, S. & Westhus, N. (2010) It's the little things that count: The Value of therapeutic letters. *Issues in Mental Health Nursing*. 31(4), 265-272. (research).

SmithBattle, L., Leander, S., Westhus, N., Freed, P.E. & McLaughlin, D.E. (2009). Writing therapeutic letters in Undergraduate nursing education: Promoting relational skill development. *Qualitative Research*. 20(5), 707-16.

Freed, P.E., McLaughlin, D.E., SmithBattle, L., Leander, S., & Westhus, N. (2009). Therapeutic letters in nursing education: Ideas for clinical nurse educators. *Nurse Educator Today*. <http://dx.doi.org/10.1016/j.nedt.2009.10.009>

McLaughlin, D.E., Freed, P.E., & Tadych, R.A., (2006) "Action Methods in the Classroom: Creative Strategies for Nursing Education", *International Journal of Nursing Education Scholarship*: 3(1): Article 11 available 3/16/06
<http://www.bepress.com/ijnes/vol3/iss1/art11>

Dawson, S., & Freed, P. (2008). Leadership in Nursing: Nonprofit Board Experience. *Journal of Continuing Education in Nursing*. 39(6), 268-273.

Freed, P., & Dawson, S. (2006). Is nursing management in your future? *Nursing Management* 37(10), 43-48.

Freed, P. & Nattkemper-York, L. (1998). Establishing a chemical dependence clinical for BSN students, *Journal of Nursing Education*, 23(5), 13-15

Drake, J., Freed, P., & Hunter, J. (1998). Crib sheets or security blankets: *Issues in Mental Health Nursing*, 19(3):291-300.

Freed, P., & Kettler, D. (1999). Nightingale's resume: A career teaching strategy. *Nurse Educator*, 25(5), 14-15.

Scholarly Activities: Contributions to Books, Chapters and Supplemental Materials

Publications

Books and Supplemental Materials, & Contributions to Chapters in Books

Freed, P. E. (2024 under review). Interprofessional Communication (Chapter 23) in Kathleen Underman Boggs (Ed.), *Interpersonal Relationships: Professional Communications Skills for Nurses* (10th edition), Elsevier,

Freed, P.E., (2023-under review). Psychiatric -mental health nursing and evidence-based practice. (Chpt 1) in M.A. Boyd (Ed.), *Psychiatric Nursing Contemporary Practice* (8th edition). Wolters Kluwer, Philadelphia PA

Freed, P.E. (2023 under-review) Obsessive-Compulsive and Related Disorders (Chapter 28) in M.A. Boyd (Ed.), *Psychiatric Nursing Contemporary Practice* (8th edition). Wolters Kluwer, Philadelphia PA.

Freed P.E., (2023 under- review). Somatic Symptom Disorders (Chapter 33) in Boyd (Ed) *Psychiatric Nursing Contemporary Practice* (8th edition). Wolters Kluwer, Philadelphia PA.

Dawson, S., & Freed, P.E. (2023 under-review) Substance Use and Related Disorders (Chapter 31) in Boyd (Ed) *Psychiatric Nursing Contemporary Practice* (8th edition). Wolters Kluwer, Philadelphia PA.

Freed, P.E., (2022;2023). Obsessive Compulsive and Related Disorders (Chapter 20) in M.A. Boyd (Ed) *Essentials of Psychiatric Nursing* (2nd Ed; 3rd Ed), Wolters Kluwer, Philadelphia PA.

Freed, P.E., (2022; 2023). Somatic Symptom and Dissociative Disorders (Chapter 27) in M.A. Boyd (Ed) *Essentials of Psychiatric Nursing* (2nd Ed, 3rd Ed), Wolters Kluwer, Philadelphia PA.

Dawson S, & Freed, P.E., (2023) Addiction and Substance Use- Related Disorders (Chapter 25) in M.A. Boyd (Ed) *Essentials of Psychiatric Nursing* (2nd Ed, 3rd ed), Wolters Kluwer, Philadelphia PA.

Boyd, M.A. & Freed, P.E., (2021). Psychiatric -mental health nursing and evidence-based practice. (Chpt 1) in M.A. Boyd (Ed) *Psychiatric Nursing Contemporary Practice* (7th edition). Wolters Kluwer, Philadelphia PA.

- Freed, P.E., (2018/2021). Obsessive Compulsive and Related disorders: Management of Obsessions and Compulsions (Chapter 28) in M.A. Boyd (Ed) *Essentials of Psychiatric Nursing* (2nd Ed), Wolters Kluwer, Philadelphia PA. (under review)
- Dawson, S., & Freed, P.E., (2021). Addiction and Substance Use-Related Disorders (Chpt 31) in M.A. Boyd (Ed) *Psychiatric Nursing Contemporary Practice* (7th edition). Wolters Kluwer, Philadelphia PA.
- Freed, P.E., Contributed supplemental learning materials to Kneisl, C. and Trigoboff, E. (2008). *Contemporary Psychiatric Nursing* (2nd ed.). Available <http://www.prenhall.com/kneisl>
- Freed, P.E. Contributed supplemental learning materials to Fontaine, K. (2008). *Psychiatric Nursing* (6th ed.) Available <http://www.prenhall.com/fontaine>
- Freed, P. Chapter research/update for Elsevier Inc. In M. Elkin, A. Perry & P. Potter (Eds) *Nursing interventions and clinical skills* (4th ed) update of Yancey's "Palliative Care."
- Freed, P.E. (2005) The mental health patient (Chpt 24, pp. 425-442). In R. Rice (ed.) *Home Care Nursing Practice: Concepts and Applications* (4th ed), Mosby, St. Louis, Mo.
- Rice, R., Balakas, K. Drake, V., Freed, P.E., & Schappe, A. (1992; 1997; 2002; 2005) Patient education in the home (Chapt 7 pp. 102-109) *Home health nursing practice* (2nd, 3rd & 4th ed) Mosby, St. Louis, Mo.
- Rice R. (1999) *Manual of home health nursing procedures*, (2nd ed), St. Louis Mosby.
Contributor – practice procedures (adolescent depression, child abuse and neglect and emergency delivery).

Articles

Peer Reviewed Journals

- Freed, P.E., & SmithBattle, L. (in-progress, 2017). The meaning of support to teen mothers: The narrative development of identity.
- Freed, P. E., & SmithBattle, L. (2016) Promoting Teen Mothers' Mental Health. *AJMCN-The American Journal of Maternal Child Nursing*. 41(2), 84-89. doi: 10.1097/NMC.0000000000000216
- SmithBattle, L., & Freed, P.E., (2016) Teen Mothers' Mental Health. *AJMCN-The American Journal of Maternal Child Nursing* (41(1), 31-36. Doi: 10.1097/NMC.0000000000000198
- Dawson, S. & Freed, P. (2008). Nurse leadership: Making the most of community service. *The Journal of Continuing Education in Nursing*, 39(6), 1-6.

- York, L., & Freed, P. (2000). The psychiatric clinical nurse specialist as chemical dependence consultant. *The Journal of Addictions Nursing*, 12(1), 43-50.
- Biggs, A., & Freed, P. (2000). What elderly caregivers know and do about nutrition for frail elderly. *Gerontological Nursing*, 26(8), 6-14 (Research).
- Freed, P., & Drake, V. (2000). Mandatory reporting of abuse; practical, moral and legal issues for psychiatric home healthcare nurses. *Issues in Mental Health Nursing* 20 (4), 423-436.
- Drake, V., & Freed, P. (1998). Research applications: Domestic violence in the elderly, *Geriatric Nursing*, 19(3), 165-167. (Research)
- Freed, P. (1998) Perseverance: The meaning of patient education in psychiatric nursing. *Archives of Psychiatric Nursing*. 12(2), 107-113. (Research)
- Freed, P., & Rudolph, S. (1998). Preventing suicide in outpatient psychiatric units. *Perspectives in Psychiatric Care: The Journal for Nurse Psychotherapists*, 34(2), 14-24.
- Freed, P., & Nattkemper-York, L. (1998). Alexithymia: A self-care deficit in substance abuse. *Addictions Nursing*, 10(3), 142-148.
- Freed, P., & Nattkemper-York, L. (1997). Naltrexone: A new therapy for alcohol dependence, *Journal of Psychosocial Nursing*, 35(7), 24-28.
- Freed P., & Rice, R. (1997). Managing mental illness at home- part II. *Geriatric Nursing* 18(4), 178-181.
- Freed P., & Rice, R. (1997). Managing mental illness at home. *Geriatric Nursing* 18(3), 134-135.

Book Reviews

- Freed, P.E. (Fall 2023) Book Review for Boggs, K. (2024) *Interpersonal Relations for Professional Communication Skills for Nurses* (9th ed), Elsevier, St. Louis, Mo.
- Freed, P. E., (2017), *PsycCRITIQUES*, Vol. 62 (32), August, 2017) A review *Searching Minds by Scanning Brains*, Title: Palgrave Studies in Law, Neuroscience, and Human Behavior; Copyright: 2017; Publisher: Palgrave Macmillan; Copyright Holder: The Editor(s) (i
- Book Review for McGraw-Hill, Psychiatric Mental Health Nursing, Chapter 11 Eating Disorders (Summer, 2012)
- Book Review Murray, Zenter & Yakimo, Health Promotion Strategies Through the Life Span, Edition 8 (Fall, 2010)

Book Review for Prentice Hall of 8th Edition of Health Promotion Strategies through the Life Span, Summer 2007

PRESENTATIONS

Freed, P.E. (November 2018) Developing a Trauma Thread for the Communications Curriculum in Nursing (Poster Presentation) Sigma Theta Tau Research Consortium.

Freed, P.E., (September 2018) Developing Trauma Sensitive Strategies for Interpersonal Relationships in Nursing: A Social Justice Imperative (poster presentation) SLU Social Justice Conference, September 2018.

Freed, P.E. & Bertram, J. (October 5th, 2017) Presentation at Saint Louis University, Trauma and Homelessness, sponsored by Alive and Well

SmithBattle, L., **Freed, P.**, McLaughlin, D., & Chantamit-o-pas, C., (April 2017). Moms Grow Together (MGT): Integrating action methods into a support group for teen mothers. Poster presented at MNRS annual convention.

Freed, P.E. (March 9, 10, 2016) Mom's Growing Together (MGT): Piloting a mental health intervention for teen mothers. Poster presented at the Missouri Institutes of Mental Health, Trauma Conference, St. Louis Mo.

Koetting, C., & **Freed, P.E.** (2016) Educating undergraduate psychiatric mental health students in Screening, Brief Intervention, Referral to Treatment (SBIRT) and motivational interviewing to improve rates of substance abuse screening and enhance therapeutic communication skills APNA Conference, Cincinnati, Ohio (October, 2016)

SmithBattle, L., **Freed, P.E.**, & McLaughlin, D.E., (April 15, 2016). The elephant in the room: Teen mothers' mental health. Paper presented at the annual conference of The Teenage Pregnancy and Prevention Partnership, St. Louis, MO.

McLaughlin, D.E., SmithBattle, L., & **Freed, P.E.** (October, 2014). *Action methods to facilitate attunement between mother and child*. 2014 Parents as Teachers National Conference, St. Louis, MO.

Freed, P.E. Spring Induction and Symposium, Sigma Theta Tau, Delta Lambda Chapter., "Therapeutic Letters: It's the little things that count!," St. Louis, MO. (May 16, 2013).

McLaughlin, D., & **Freed, P.E.**, (May 2012). Action Methods to Promote Resolution of Grief (invited) Advanced Practice Psychiatric Nurses Residency Workshop, Saint Louis University

Freed, P.E., & McLaughlin, D. (February, 2012). Experiential Strategies for Grief: Integrating Mind and Body. (10% on Pharmacology) Workshop Presentation at the 15th Annual APN Conference, St. Louis University, St. Louis, MO.

SmithBattle, L., Leander, S., **Freed, P.**, McLaughlin, D. E., & Westhus, N. (Jan. 12, 2012). Contemplatives in action: Therapeutic letters and nursing. Break-out session at “Writing to learn at a Jesuit institution” sponsored by the Center for Teaching Excellence, Saint Louis University.

Freed, P.E., & McLaughlin, D. (Feb , 2011). Sensory Strategies in Grief and Loss. Workshop presentation at the 14th Annual APN Conference, St. Louis University, St. Louis MO.

McLaughlin, D . & **Freed, P.E.**, (May, 2011). Creating Strategies for Children’s Grief.. Advance Practice Psychiatric. Invited presentation for the Advanced Practice Psychiatric Nursing Residency, Saint Louis University.

Leander, S., **Freed, P.**, McLaughlin, D. E., SmithBattle, L., & Westhus, N. (March, 2011). Therapeutic Letters in Undergraduate Nursing Education: Ideas for Clinical Nurse Educators. Poster presentation at 11th annual Nurse Educator Institute, Striving for Evidence-based Practice in Nursing Education. Branson, MO.

Leander, S., SmithBattle, L., Westhus, N., **Freed, P.E.**, & McLaughlin, D. (June, 2009). Promoting students’ relational skills: Writing Therapeutic Letters. Poster presentation for the ACHNE Conference, Chicago, Illinois.

Freed, P., Leander, S., McLaughlin, D. E., Pohlman, S., SmithBattle, L., & Westhus, N. (February, 2009). Moving from passive to active learning: Reflections on practice. Symposium presentation at the Seventh Biennial Qualitative Research Conference: Generations in Qualitative Research, University of Missouri—St. Louis.

Freed, P.E. (October, 2008). Working with Millennial Students: Presentation for CEU;s for Clinical Preceptors, Saint Louis University.

Freed, P. & McLaughlin D. Lights, Camera, Action: Action Methods for the Communication Classroom. Poster-Presentation at AACN Nursing Education Conference, New Orleans, Nov. 28-30, 2008

Freed. P.E., & McLaughlin, D., (May16th, 2007). Update on Grief and Bereavement: Strategies for Nurses. presentation to the Research Council, Barnes Hospital, St. Louis, MO.

Freed, P. & McLaughlin, D.(February, 2007). Enactment in Unresolved Grief: Strategies for Advanced Nurse Practitioners. presentation at Saint Louis University..

Freed, P., SmithBattle, Leanders, S., McLaughlin, D. Promoting student reflection with therapeutic letters, Voices Sustainability Symposium, September 2007

McLaughlin,D., & **Freed, P.** (2006) Action Methods in the Class and Clinic, 4 hour course submitted for presentation at the APNA pre-Conference in October 2006.

Freed, P.E. & Yancey, V., (May, 2005). Multidisciplinary Education, presentation to faculty and administration Barnes College of Nursing, St. Louis, Mo.

Freed, P.E., & Yancey, V. (May 2005) Faculty Research Survey, presentation of findings at Barnes Hospital College of Nursing.

Freed, P.E., & Yancey, V. (May 2005) What is Evidence –Based Education? presentation, Barnes Hospital, Research Council, St. Louis.

Freed, P.E. (November 2004) Patient Relationship and Therapeutic Communication. (invited guest lecture to Holistic Nursing Students at Barnes College)

Freed, P.E. (December 2004) Jung and the Shadow World: Introduction to Dream work. (invited guest lecture to Holistic Nursing Students at Barnes College)